Je mobilise mon inhibition



L’inhibition bloque les automatismes

Ex : J’ai très envie de dire la réponse, mais je dois lever le doigt pour répondre.

Consigne

Je vois  je fais 

Je vois  je fais 

Je vois  je fais 

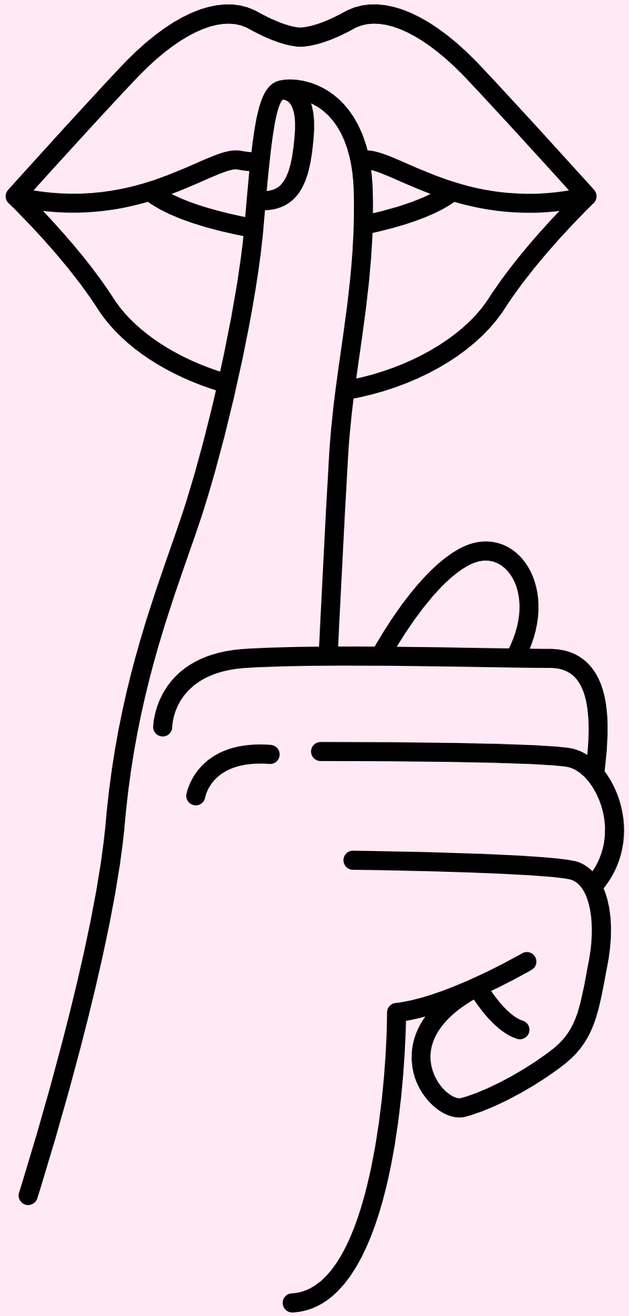
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Test 1

Niveau ★★

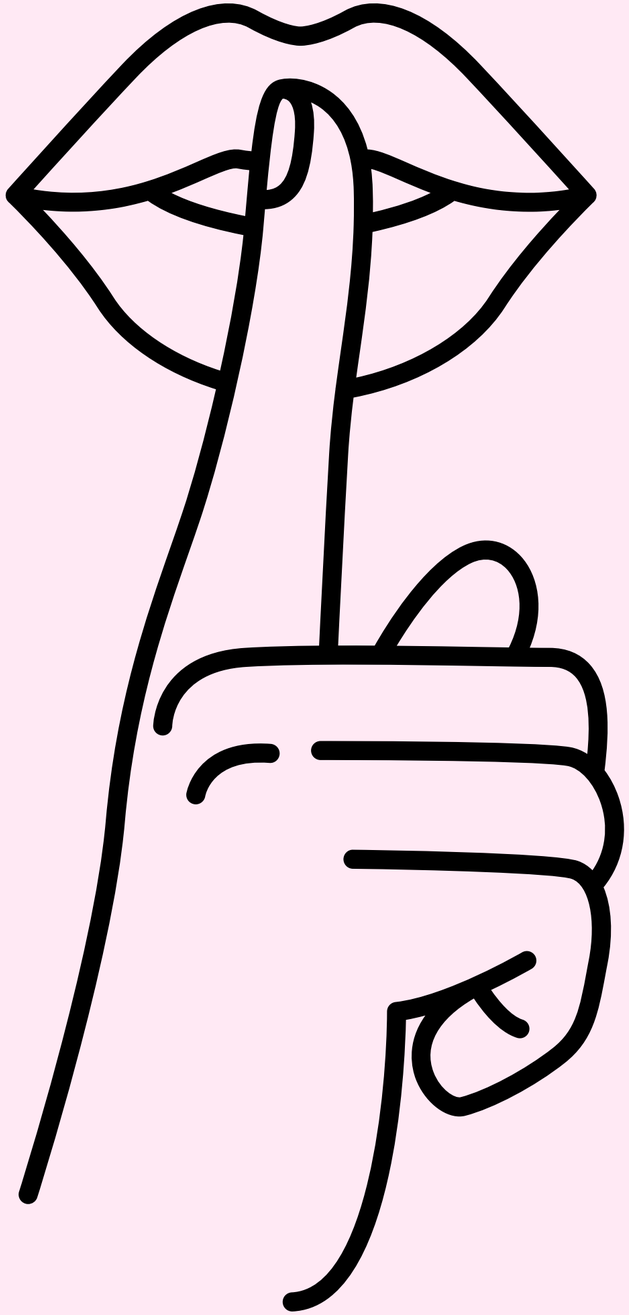
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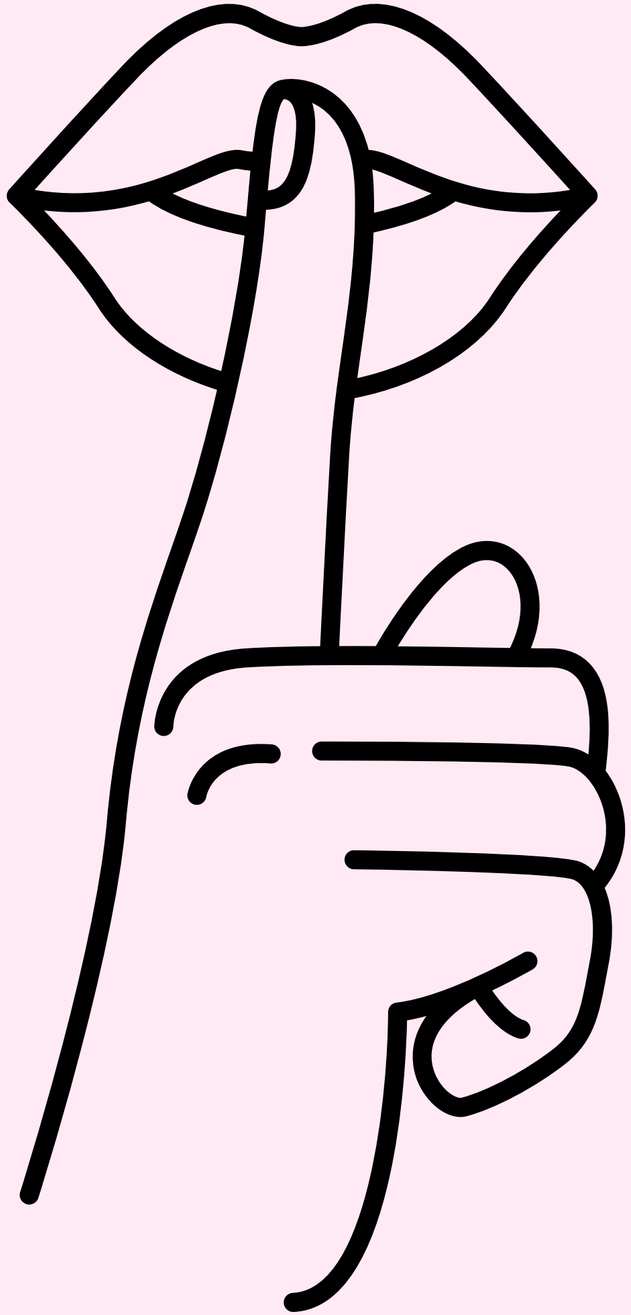


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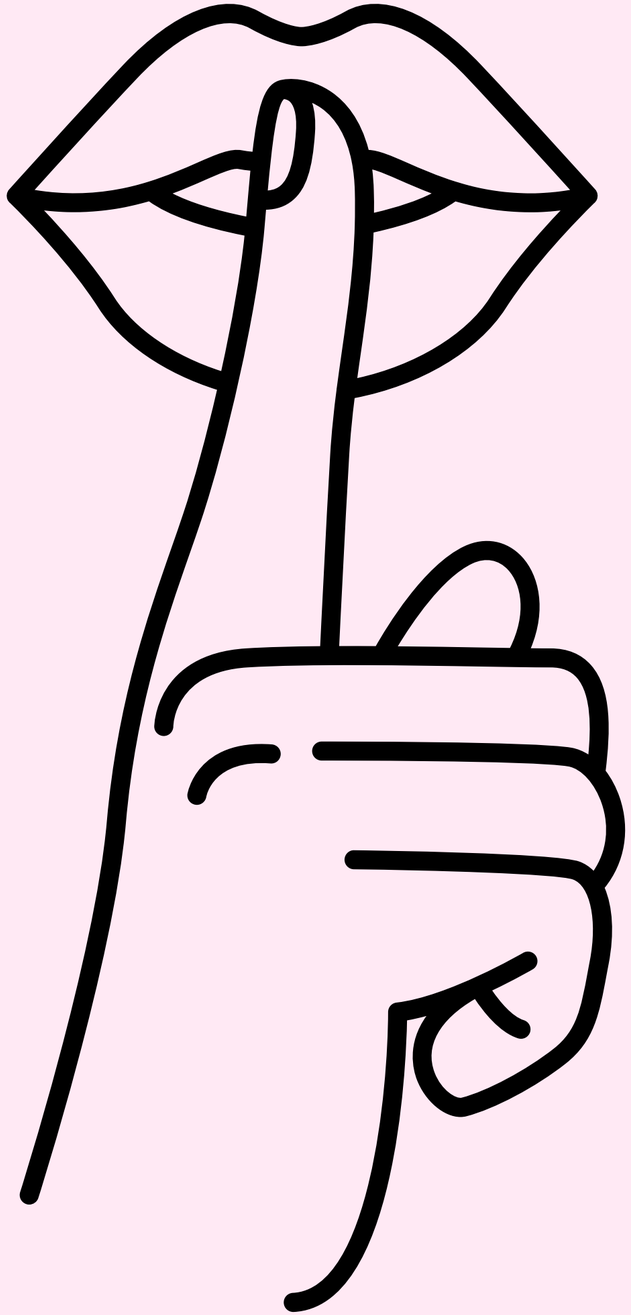


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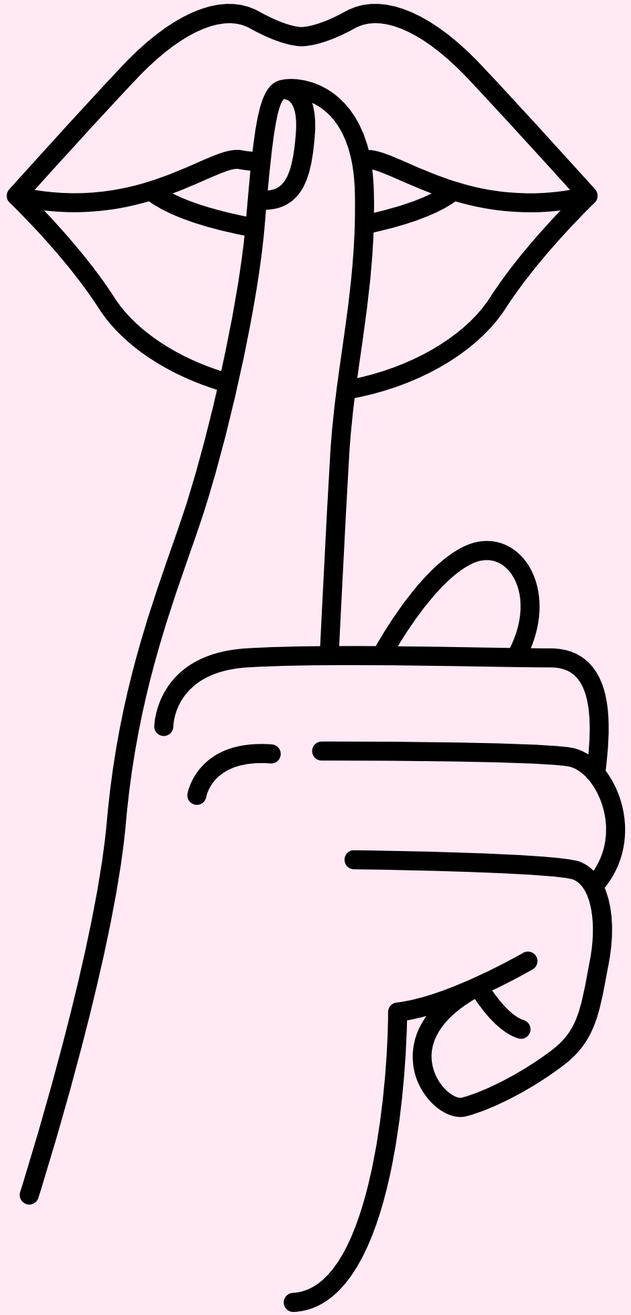


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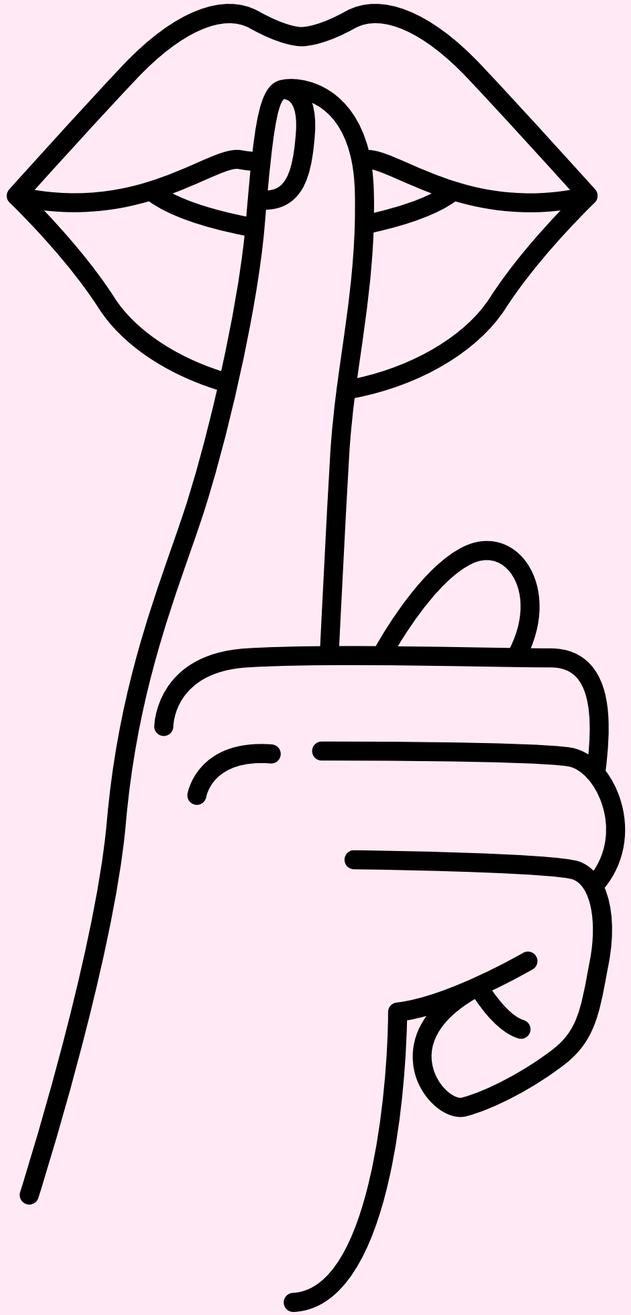


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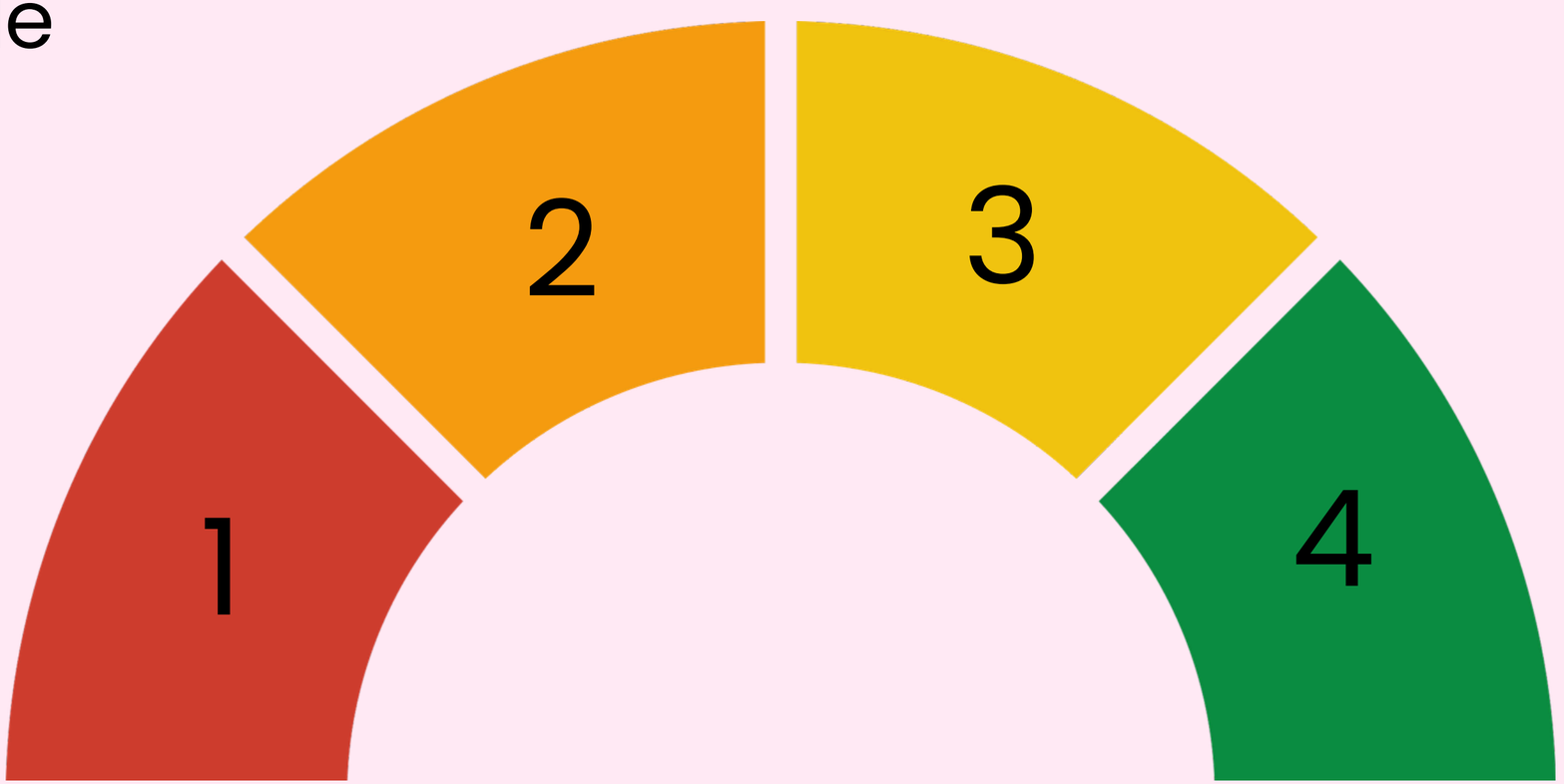
J’ai trouvé cet exercice…

1= très difficile

2= difficile

3= moyen

4= facile



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